

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him. Colossians 3:15-17

Who doesn't want peace? This passage is rich with encouragement on how to have peace in our own hearts and in our relationships with one another, so let's meditate on it this week.

Monday: We need peace in our hearts in order to have peace with one another. What blocks you from experiencing the peace of Christ? Is there something other than Christ that is ruling your heart or life?

Tuesday: Gratitude is essential to having peace. Looking back, how has God worked for good in your life? For what can you thank him today? Try to develop a habit of looking back on your days in order to thank God for the ways he has cared for you each day.

Wednesday: God's word imparts wisdom and points the way to peace with God and one another. Ask God to give you a growing hunger for his word. Spend time today mulling on a passage of Scripture, perhaps memorizing it, and allowing it to dwell in you richly.

Thursday: When we teach or admonish one another, it must be done wisely and in accord with Scripture. Pray for wisdom and grace to be able to do this humbly and lovingly.

Friday: Whether or not we sing aloud during the day, we can have an attitude of praise and thanksgiving, based on our knowledge of God and of his works. Praise him today!

Saturday: In all we do or say, we represent Jesus, and so are doing it "in his name." Thank God for the awesome privilege of representing Christ and pray for the ability to do it well.